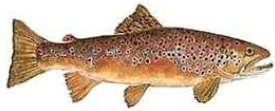




# LINES & LEADERS



*The Newsletter of the Connecticut Fly Fisherman's Association*



Volume 35 No. 5

*Organized "To Preserve and Promote the Pleasures and Traditions of Fly Fishing and to Conserve Game-Fish Waters."*

January 2007

## JANUARY MEETING

*"Pizza, Soda, Fly-Tying, and a Movie"*



**PIZZA, SODA, A MOVIE, AND FLY TYING...** Can it get any better than this? Bring the family and come join all the club members as we partake in all of the above. We will also vote on this year's club officers.

**PLACE:** Veteran's Memorial Clubhouse,  
100 Sunset Ridge, East Hartford, CT  
**DATE:** Wednesday, January 10th, 2007  
**TIME:** Fly Tying, Tackle Swap, Raffle:  
Food & Refreshments: 7:00 – 9:00 PM

## **2007 BANQUET & EXPO**

Don't forget to attend our annual Banquet and Expo this year! There will be a ton of prizes and raffles! It will be held on Saturday, February, 3<sup>rd</sup>, 2007. See page 4 for details and Dinner Reservation Form.



## FROM THE VEST OF THE PRESIDENT

Happy New Year everyone! I hope all of you had a very Merry Christmas/Happy Holiday and I want to wish all of you a Happy, Healthy New Year.

What a great turnout at the December meeting. I'm thinking that Bob Winot may have to look into renting the Hartford Civic Center if the attendance keeps up. I'm not complaining folks, I think it's great! Besides it's great to see all of you and talk with you so keep up the great job I still can't believe you folks, you're the best!

Thanks to Stanley for the great job he has done with the rod building class and thanks to everyone that helped him out with the class, Bob, Mary, and Todd if I left anyone out it wasn't intentional believe me and I apologize.

Roger and Steve have done it again. Dave Brandt's program was very informative. It was good to sit and have dinner with Dave and it was an honor to have him drive all this way to speak to our members. Dave has been a friend of mine now for five or six years. I always stop and see him at the shows and I even scrounge flies and wood duck feathers from him. I have been trying to get a hold of a wood duck skin now for years. I don't hunt but I have had people that do hunt tell me they would get me one and it just hasn't happened. I think I am going to have to break down and buy one I guess.

Kurt is looking for members to donate flies tied by members for the raffle at our banquet. Don't forget that our expo and banquet are Saturday Feb. 3<sup>rd</sup> and that they both will be held at Maneeley's 65 Rye St. South Windsor. Route 5 to Sullivan Avenue to Rye St.

*(See VEST – Continued on Page 5)*

# CFFA CLUB NEWS

## DONATIONS FOR BANQUET RAFFLE

If you would like to donate any fly fishing related items for our banquet please contact Kurt Jagielow (Kurt's phone numbers are on page 8). Tied flies are always popular. We'll mention your name at the banquet and acknowledge your donation in a future issue of Lines & Leaders. If you would like to donate your photographer's skills at our banquet, please contact John Baracchi.

## (2) CAPE COD TRIPS PLANNED:

Ray Riley is putting together two Cape Cod trips scheduled for June of 2007. The Benards have offered CFFA space at the Moorings Lodge in Falmouth, Cape Cod again this year. The Cost is \$125 per CFFA member for Lodging Friday and Saturday night and breakfast Saturday and Sunday mornings. The dates are June 1 & 2, 2007 and June 8 & 9, 2007. Members may sign up for the trips by seeing Ray Riley at the Membership Meeting on January 10th. The full payment of \$125 is required in order to reserve a spot.

## CFFA CLASSES TO BEGIN:

Our fly tying and fly fishing classes will begin soon and its not to late to sign up. Contact Gary Steinmiller if you would like to take a class. See the schedule to the right for more information and refer to the class syllabus on our website.

## CFFA OFFICER ELECTIONS:

We will have an election of CFFA officers at our January meeting. Please contact Charlie Place if you are interesting in running for a position. All existing officers are seeking re-election.

## NEW WEBSITE FORMAT

Our website has a new look! Be sure to check out the great job Nils Christensen is doing and message board!

## ALCOHOL AT CFFA BANQUET – PLEASE, NO BYOB!!



This year our banquet will be held at a brand new location, Maneeley's in South Windsor.

We have been advised that it is illegal to bring your own alcohol onto the premises. Please refrain from doing so! There will be a cash bar available. Thank you for your cooperation.

# COMING EVENTS

<b>Next Board Meeting</b>	Jan 3rd
<b>Next Membership Meeting</b>	Jan 10th

## SHOWS AND EXPOS

**2007 Fly Fishing Shows** JAN 19, 20, 21 2007  
**-Royal Plaza Trade Center**  
**Marlborough, MA**

**-Garden State Expo Center** JAN 26, 27, 28,  
**Somerset, NJ** 2007

**2007 Northeast Hunting and Fishing Expo, CT Expo Center Hartford, CT** FEB 16-18, 2007  
[www.fishinghuntingexpo.com](http://www.fishinghuntingexpo.com)

**2007 "The Springfield Sportsmans Show" at the "Big E," West Springfield, MA** FEB 22-25, 2007

**2007 Fly-Fishing Exposition, Shriners Auditorium Wilmington, MA** DATES TBD

## CFFA CLASSES/EVENTS - Dates

**2007 Advanced Freshwater Fly Tying Classes** 1/4, 1/11, 1/18  
 1/25, 2/1, 2/8

**2007 Freshwater Fly Tying Classes** 1/4, 1/11, 1/18  
 1/25, 2/1, 2/8

**2007 Saltwater Fly Tying Classes** 1/4, 1/11, 1/18  
 1/25, 2/1, 2/8

**2007 Rod Building Classes** 10/16, 10/25, 11/6  
 11/15, 11/29, 12/06

**2007 CFFA Annual Banquet And Exposition** Feb 3, 2007

**2007 Freshwater Fly-Fishing School** 3/1, 3/8, 3/15,  
 3/22, 4/7, 4/21

**2007 Saltwater Fly-Fishing School** 3/1, 3/8, 3/15,  
 3/22/ April\*. May\*

**2007 Cape Cod Fishing Trips:**  
**First trip:** June 1, 2  
**Second trip:** *NEW* June 8, 9

\*Weather Permitting

## OTHER EVENTS

**HFFA Annual Expo And Banquet, Hawthorne Inn, Berlin, CT** Dates TBD

**CT Fly Fisherman's Association  
MEMBERSHIP FORM**

- Change of address
- New member
- Membership renewal

**DATE:** \_\_\_\_\_

**NAME:** \_\_\_\_\_

**STREET:** \_\_\_\_\_

**CITY:** \_\_\_\_\_

**STATE/ZIP:** \_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_

**WORK PHONE:** \_\_\_\_\_

**EMAIL:** \_\_\_\_\_

Please check a committee you are now on or wish to be on:

- |                                       |                                     |  |
|---------------------------------------|-------------------------------------|--|
| <input type="checkbox"/> Conservation | <input type="checkbox"/> Program    | <input type="checkbox"/> Indoor Facil. |
| <input type="checkbox"/> Education    | <input type="checkbox"/> Publicity  | <input type="checkbox"/> Membership    |
| <input type="checkbox"/> Fund Raising | <input type="checkbox"/> Banquet    | <input type="checkbox"/> Legislative   |
| <input type="checkbox"/> Secretarial  | <input type="checkbox"/> Newsletter | <input type="checkbox"/> Other         |

**DUES STRUCTURE:**

- Junior (under 16) \$ 5.00
- Regular \$ 20.00
- Supporting \$ 30.00
- Contributing \$ 75.00
- Life \$ 300.00

**TOTAL  
ENCLOSED:**

\$ \_\_\_\_\_



*CFFA members volunteer at John Springer's annual fly tying school for children at the American School for the Deaf.*



***"The Twelve Days of Castmas"***

On the twelfth day of Castmas,  
Lefty sent to me  
Twelve red drum drumming,  
Eleven sarda-sarda,  
Ten bluefish blitzing,  
Nine spearing spraying,  
Eight menhadens milking,  
Seven stripers swimming,  
Six tarpon laying,  
Five albacore,  
Four calling terns,  
Three Spanish mackerel,  
Two bonito busting,  
And a weakfish on a sedge bai



*Written by Matt and Mark Reilly of The Atlantic Saltwater Fly Rodder's Club*

**CONNECTICUT RIVER SALMON  
ASSOCIATION**



**31<sup>ST</sup> ANNUAL DINNER AND  
RAFFLE/AUCTION  
Saturday, January 20, 2007**

**The Hawthorne Inn 2421 Wilbur Cross Highway,  
Berlin, CT  
Tickets \$ 38.00 per person**

Guest Speaker • Diversified Silent Auction • Select Bucket Raffle •  
Live Auction • Door Prizes  
**Special Grand Prize**

Raffle and Auction items include fresh and saltwater tackle and equipment, limited edition and original art work, guided trips and other items which provide excitement and enjoyment throughout an evening of good fellowship.

For Reservations Call: Ed Ruestow at (860) 521-1426  
or Jim Carroll at (860) 231-5181

**ABOUT CFFA:** The Connecticut Fly Fisherman's Association, Inc. is organized "To Preserve and Promote the Pleasures and Traditions of Fly Fishing and To Conserve Game Fish Waters." CFFA membership meetings are held on the second Wednesday of each month, September through May. Meetings are held at the Veteran's Memorial Clubhouse, Sunset Ridge Drive, East Hartford, CT. "Lines and Leaders" is the official publication of the Connecticut Fly Fisherman's Association, Inc. and is distributed to its membership and allies of conservation. Business card ads may be placed at a cost of \$5 per add or \$40 for nine months. CFFA members may place for-sale or want ads of a non-commercial nature without charge. Newsletter correspondence should be sent to David Casali, 259 Longhill Drive, Glastonbury, CT, 06033. Change of address notice should be sent to CFFA, P.O. Box 380268, East Hartford, CT 06138-0268  
**COPY DEADLINE:** The second Friday of the month.



# The Connecticut Fly Fisherman's Association

## 37<sup>th</sup> ANNUAL BANQUET

*Saturday, February 3rd, 2007*

*Featuring Guest  
Speaker:*

*Lefty Kreh*



*Held at:  
Maneeleys  
65 Rye Street  
South Windsor, CT  
06074*

*In addition to this program, prizes will be offered through door prizes, a Special Raffle, and the General Conservation Raffle.*

*Come out and support your club and have a great time!*

- Your Banquet committee has worked hard to provide you with an enjoyable evening.
- We will also be holding our General Raffle drawing that evening.
- Please fill out the Reservation Form below and mail it as soon as possible. If you want to reserve a table for your party, please send one check for all eight place settings.
- Your Banquet Committee and Board of Directors are looking forward to seeing you there.
- Anyone wishing to donate prizes for the banquet may contact John Baracchi at (860) 895-1181. **All prizes will be greatly appreciated and all donations will be acknowledged in "Lines & Leaders."**

### Dinner Reservation Form

Date: \_\_\_\_\_

No. of Reservations  
at \$39.00 per person: \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Dinner Choice:  Prime Rib  Baked Stuffed Shrimp,  Chicken Breast with vegetable herb stuffing

**MAIL CHECK TO:**  
Mr. Michael Stewart  
215 Loomis St.  
N. Granby, CT 06060  
*(Please send to Mike by  
January 12, 2007)*

**VEST OF THE PRESIDENT** (Continued from page 1)

I'm really excited about seeing Lefty again and spending time with him. He is just a super guy and I always enjoy his company.

January is Pizza and a Movie night. Bring the kids, come on over and enjoy a slice and a movie.

I'm also pleased to see all of the people that are volunteering for the expo and also the outdoor show. The board can't do it all, we need members to step up and volunteer.

I have a special request, if any of you have a camera preferably digital and are planning on attending the banquet, I am looking for a photographer to take pictures of the expo and banquet. I know my wife and I will bring our camera also but it would be nice for us to have a designated person to take some pics of this special event. I'm thinking a club photographer for classes and meetings etc. might be a good idea. Please contact me if you are interested.

I know Mary Edwards is still looking for pictures of members and their fish. We mostly have board members and officers pics up on our board and it would be nice to have more members' pics to put on the screen before the meeting.

Thanks to Gary Bogli for the fly tying materials that he donated.

I have received letters from the Windham High School principal and also the Windham Superintendent of Schools thanking us for our sponsorship of their Salmon in the Classroom program. Thanks to Bob Winot for helping out with the program and special thanks to my friend a real gentleman Jim Carroll CFFA and Ct River Salmon Association member. Jim it's always a pleasure to see you and thank you and the salmon association for giving us the opportunity to sponsor these schools.

I would like to take this opportunity to thank all of you the members for your continued support. It's your attendance and involvement that makes our club successful. If it weren't for you, the members there would be no CFFA. I am very blessed and grateful to be associated with such wonderful people. I am also very honored to be your president, and I thank you all for the opportunity to serve as president.

Don't forget, January is election of officers. Please contact Charlie Place if you wish to run for a position. So far our existing officers are all seeking re-election.

If anyone has an issue like not receiving your newsletter, please don't wait until the meeting to mention it, you can drop me an email or phone call and I will see to it that the problem is corrected. Please advise Phil McCormick of any address changes or email changes. We can't send you your newsletter if we aren't made aware of any change.

Our classes will be starting very soon so hurry and sign up. You can contact Gary Steinmiller if you are interested.

Our website is in the process of changing hands, please be patient with us during the transition. We found a new website manager or should I say he found us and he has lots of great new ideas but it will take a little time and some patience on everyone's part.

Don't forget folks, there won't be any members meeting in February because we have the expo and banquet. Once again, it is always great to see all of you and the attendance is amazing. I gotta tell you folks, many a speaker comes to me and asks me if we get this many people at our meetings and I tell them yes, sometimes we get even more. They are always, amazed. These are guys that travel to speak at club meetings and they are amazed at our attendance. Keep up the great job.

Our board meetings are the first Wednesday of every month. Board meetings are open to all and any members that would like to address the board with any questions, comments or concerns. They are held downstairs at the clubhouse.

I don't know all of your names yet, but I'm working on it. See you all at the meeting, bring a friend.

Tight Lines,

*John*

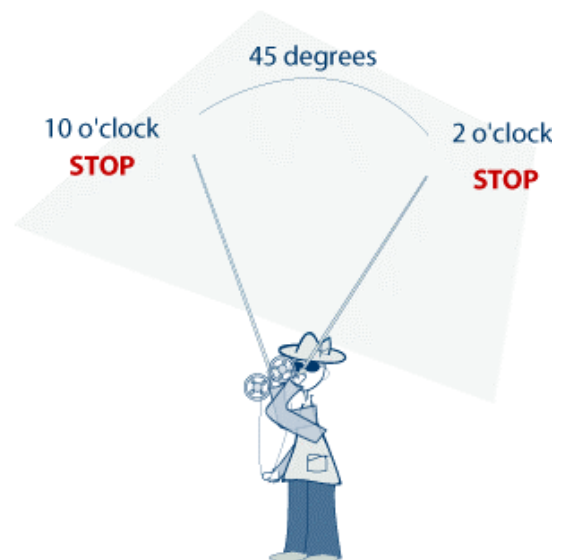
## ON THE RIVER

### *Fly Fishing Instruction with Charlie Place*

Learn where trout hide, what their habits are, and how to catch them using nymphs, streamers, and dry flies.

**Send for a free electronic brochure to learn more about this unique fly fishing teaching service. Send to:**  
**ontheriver@snet.net**

**Over 25 years fly fishing experience**



# *Trout Fishing and Winter is Not a Bad Combination at All*

by Ted Patlen



Medium to stiff wind, air temperatures in the upper 30's, bright midday sunshine, and clear running 39 degree stream water; beautiful conditions for a few hours of mid winter trout fishing. When the bug hits you, the "I just got to get out and fish even though I'll freeze my buns off" bug, take the plunge and hit the river. All you really need to remember is that it is not summer and the fishing will be different but the nature of the sport is the same.

Grammar school science taught us about metabolism and how it affects animals. Trout are cold-blooded animals so their metabolic rate slows down towards both ends of their natural temperature range. They do not need to feed as much because they are not as active. They become extremely efficient about food intake and expending energy. This physical/physiological slow down prompts them to find a softer, quieter environment. They still need food, oxygen and shelter, just as they do during the other months of the year and will position themselves in such places where there is easy access to all three. During the summer trout will station themselves at various locations that have all three of these essentials.

Fast flowing riffles, and boulder strewn pocket water are just two of the many places that the summer fish feel comfortable in but during the winter these spots are normally void of fish simply because they cause trout to expend too much energy to hold in these lies. Slower pools and lazy runs just down stream from the aforementioned spots are prime locations to find winter trout. The deeper pools give them their likely shelter while they are just a tilt of a fin away from the food chain. How much do they eat during the winter, and when does this major feeding period occur? How long does it last? The need for nourishment diminishes with their metabolism, but they still need to eat. There are a few factors that affect the feeding habits of winter trout, but the most important concerns water temperature. Fluctuating temperatures caused by passing fronts will cause the fish to vary their feeding patterns, so look for consistent weather patterns. After one to three days of consistent weather you can expect a better than average feeding period. The durations of this feeding time differ from, and these times are approximate, one hour to four hours, and I have already found feeding fish, during a February thaw, which lasted almost six hours. I have also seen the feeding stop abruptly when cloud cover rolls in.

The river that you select is also an important factor. Pick a stream that harbors a good number of wild trout or holdover fish. You do want to catch a fish or two so a healthy river gives you a much better chance. How do you fish the river? Remember that this is not fast paced fishing. Because the trout are lethargic a more persistent approach proves to be more efficient. A basic rule of thumb is to fish slowly and methodically. I don't care what fly you choose, any of the standard patterns will suffice, but it is necessary to put the fly in front of the trout at the speed that they're expecting their food to be moving at. Your chances of hooking fish will improve significantly. Fish the fly how you feel. If it's cold and the water is off color slow down the pace of the fly. Trout are inherently lazy creatures to begin with and will not expend unnecessary energy, especially so during their inactive times. If conditions are better and insect activity occurs, and this is not an uncommon affair, then you can change your approach slightly. There are too many variables to contend with and to list them all would be foolish, but to reiterate, the closer you get the fly to the fish and it is presented at the appropriate speed, the better your chance to catch a winter trout. All fish adapt to their environment, which also includes the hordes of fishermen. I've seen trout feeding, then swim out of the way of a passing fisherman only to return with-in minutes to it's original position and continue to feed. My point, these so called "educated" trout have adjusted to many of the conventional wisdoms that we throw their way. So the inquisitive fisherman, the person who is not afraid to experiment can (and will) have much success over this/her traditionalist counterparts. Use completely irrational flies, fish extremely slow, keep the fly in the water, resist the urge to cast repeatedly, approach a popular "hole" from the harder, more difficult side of the river, reach under over hanging branches with the tip of the rod; challenge yourself. These tidbits of wisdom have been around for a very long time. Ray Bergman said it 50 years ago, and I'm sure that he just passed along what he heard.


Dressing for winter fishing is simple; dress warm and wear layers of wool or polar fleece. Fingerless gloves are useful (extra pairs are a godsend too). One very important thing, do not dress *tightly*. Clothing that is too restrictive inhibits circulation thus you get colder. That goes threefold for your feet. A thin pair of polyester, nylon type dress socks under a pair of 80 to 100% wool socks is all I use. I've fished for up to four hours, in an ice filled, freezing stream, during February with this clothing arrangement before I needed to move around. Air pockets between the looser layers of fabric will greatly assist you in keeping warm. Now, let's see...sleep late, fish slowly, dress warm, catch fish, then go home early and eat dinner. Is this fishing or what!



**"THE FISH CONNECTION"**  
 Fresh & Salt Water Bait & Tackle  
 Fly Tying Materials & Fly Fishing Assessories  
 Fresh & Salt Water Guide Service

127 Route 12  
 Preston, CT 06365 (860) 885-1739


**LOCATED ON THE THAMES RIVER**



**WWW.CUBETA'S.COM**  
 OPEN 7 DAYS  
 • Largest Outfitter in CT  
 • Over 2500 Sporting & Collectible Firearms

EST 1959


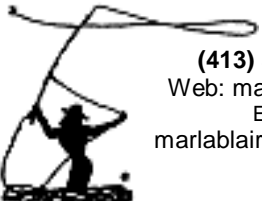
PRICE-SERVICE-SELECTION



157 Meriden Road, Rt. 66  
 Middlefield, CT 06455  
 203-347-4353  
 1-888-400-4868

**FULL LINE DEALER**

Private/Group Lessons  
 Gift Certificates

**(413) 583-5141**  
 Web: marlablair.com  
 Email: marlablair@yahoo.com

**MARLA S. BLAIR**  
 Redington Endorsed  
 Fly-Fishing Guide and Instructor  
 Swift • Westfield • Deerfield • Farmington Rivers



**TRI-MAR PRINTERS**  
 Bruce and Rosemary Marino

(860) 528-9256 or (860) 528-3045  
 Fax: (860) 282-9040  
 Email: [trimarprinters@aol.com](mailto:trimarprinters@aol.com)

BUS. HOURS  
 MON. THRU FRI.  
 7AM – 4:30PM

524 SULLIVAN AVENUE  
 SOUTH WINDSOR, CT 06074

*Colonial Sports*

Quality Sporting Goods  
 ORVIS

*Fine Fly Fishing Equipment  
 & Sporting Shotguns*

Charles A. Connell, Jr.  
 431 Fitch Road  
 Bozrah, CT 06334 860-889-4901

**UpCountry Sportfishing**



352 Main Street, P.O. Box 44 • Pine Meadow, CT 06061  
**Phone: (860) 379-1952**  
**[www.FarmingtonRiver.com](http://www.FarmingtonRiver.com)**



**By Appointment:**  
 (860) 747-3324

**Cedar House**  
 Custom Picture Framing  
 • Shadow Boxes • Custom Mirrors

146 New Britain Ave (Rt. 372)  
 Rear Building  
 Plainville, CT 06062

**Roger Plourde**

**Connecticut Outfitters**

**Hartford Club Sport Center**  
 "Fishing and Outdoor Specialists Since 1979"  
 554 Wethersfield Avenue – Hartford, CT 06114

Gary L. Brummett  
 (860) 296-0110  
 Mobile: (860) 539-3067

Outdoor Enterprises, LLC  
**[www.ct-outfitters.com](http://www.ct-outfitters.com)**

*Our advertisers exist to provide you with excellent products and services and they do need your support. Mention that you are with CFFA. They do appreciate the feedback and patronage from club members. Plus, they are an excellent source for information on gear, tackle, fishing tips, and current conditions.*

**CFFA BOARD OF DIRECTORS**

		HOME	WORK
PRESIDENT	John Baracchi	895-1181	
ENVIRONMENT VP	Stan Calabrese	569-2923	
PROMOTIONS VP	Sam Dupuis	745-6206	763-5030
RECORDING SECRETARY	Dick Heffernon		
LEGAL SECRETARY	Mark Barbieri	623-8187	
TREASURER	Lou Fabrizio	793-0547	571-5190
ADVISORY BOARD	Larry Johnson	246-0728	
ADVISORY BOARD	Gary Bogli	649-4227	
ADVISORY BOARD	Charles Place	623-9912	565-7841
ADVISORY BOARD	Ken Parkany	871-1123	557-2359
ADVISORY BOARD	Ray Riley		
CONSERVATION CHRMN	Kurt Jagielow	649-3681	649-3681
EDUCATION CHAIRMAN	Gary Steinmiller	563-0040	280-2500
INDOOR FACIL. CHRMN.	Steve Sawczuk	747-5852	
LEGISLATIVE CHAIRMAN	Vin Ringrose	828-4642	
MEMBERSHIP CHAIRMAN	Phil McCormick		
NEWSLETTER EDITORS	Dave & Mark Casali	633-7902	
PROGRAM CHAIRMAN	Roger Plourde	747-4297	747-3324
PUBLICITY CHAIRMAN	Mary Edwards		
WEBMASTER	Nils Christensen		



**CONNECTICUT'S FLY FISHING LEADER**

**FEATURING:** ALBRIGHT, SAGE, G.LOOMIS, T&T, ST. CROIX, SA MASTERY DEALER, TIBOR, REGAL, RENZETTI, SIMMS, ROSS, HODGMAN, BAUER, AIR FLO, VAN STAAL, WULFF, WATERWORKS, PATAGONIA, EX OFFICIO, COLUMBIA, & MORE!

**OPEN DAILY:**  
M-F 10-8  
SAT 9-6  
SUN 12-5

Fly Rod Rentals • Tying Materials • Tying Classes • Fly Fishing Schools • Local Information • FFF Certified Instruction

**75 Main St. • Old Saybrook, CT • (860) 388-6585**

[www.northcove.com](http://www.northcove.com)



☞  
*Drawing by Jennifer Hunt*

***Vist the CFFA website at “[www.ctflyfish.org](http://www.ctflyfish.org)”***

*Use the message board to share your fishing experiences, get the latest reports, write stories and meet a friend!*

 **Connecticut Fly Fishermen's Association Inc.**

**P.O. Box 380268  
East Hartford, CT 06138-**

**FEDERATION OF FLY FISHERS**

