



LINES & LEADERS

Newsletter of the Connecticut Fly Fishermen's Association

Volume 21, No. 2

October 1993

Organized "To Preserve and Promote the Pleasures and Traditions of Fly Fishing and to Conserve Game-Fish Waters."

OCTOBER MEETING Pennsylvania Wild Trout

Get ready for an evening program of fishing for wild trout in Pennsylvania. Don Douple will share his love of fishing for wild brook, brown, and rainbow trout in the pristine waters of his home state. The program will examine the fish and the kinds of waters that support them, along with Don sharing his expertise in techniques for catching them. As usual there will be fly tyers prior to the start of the business meeting.

PLACE: Veteran's Memorial Clubhouse
Sunset Ridge
East Hartford, CT

DATE: Wednesday, October 13

TIME: Fly Tying - 7:00pm
Program - 7:30pm

Striped Bass Bill

from Hook n' Bullet (Special Expanded Issue
8,9,10,11/1993)

In the first few days of the 103rd Congress, Representative Frank Pallone (D-NJ) has reintroduced H.R. 393, a bill that would make the Atlantic Coast Striped bass a game fish throughout its range by prohibiting its sale.

This is the third Congress in which Pallone has introduced his bill, and although progress in the 101st and 102nd Congresses was minimal, he is hopeful that the environmental ethic in the Clinton Administration and 100 new members of Congress will lead to further consideration this year.

The bill's first hurdle is the House subcommittee on Fisheries Management. Write to subcommittee chairman, the Honorable Thomas Manton, 203 Cannon House Office Building, Washington DC 20515 - Salt Water Sportsman.

CLUB TRIP

November 5 - 7

See Page 4

From the Vest of the President



Some of you may have noticed that quite a few local and national fishing groups have celebrated their silver anniversaries in recent years. This year, for example, is also the 25th anniversary of a group with close ties to CFFA, the American Museum of Fly Fishing, in Manchester, Vermont.

The museum was incorporated in 1968, and began in space rented from the Orvis company. In 1983, the museum moved into its own permanent home in Manchester Village. Its main feature, however, is its exhibition, "Anglers All," which travels to major cities of the country every year. I hope that many of you were able to see the exhibit when it was at the Peabody Museum in New Haven last winter and spring.

I mentioned close ties. Many CFFA members have visited the museum and quite a few have become members. Former CFFA member Wally Murray is the current museum president, and CFFA member Dan Record and others were instrumental in setting up the first Hartford auction-dinner for the museum in 1986. CFFA member Ed Ruestow has been the dinner committee chairman for the past few years.

This year's auction dinner, set for Thursday, November 4 at the Wampanoag Country Club in West Hartford, gives all of us another opportunity to participate in the museum's anniversary. The cost is \$35 per person, and includes a one year membership in the museum for those who do not already belong. It's a fun evening for a good cause. There will be good company, good food, and some interesting items for the silent and live auction.

One of the side benefits of my Montana trip was being tuned into some great fly fishing reading. One of my Montana relatives raved about a recent book by John Gierach called Sex, Death, and Fly-Fishing, so I picked up a copy to read on the plane. Definitely an eye catching title, and a great read besides. His stories are set in Colorado and other western states, often on rivers we've all heard about if not actually fished. He has a good sense of humor, a neat way of describing things, and occasionally passes along some fly fishing tips in the process. I think you'll enjoy his writing. If you do, you've hit pay dirt, because he has five or six books out.

As I mentioned last month, we have some vacancies on the board to fill - indoor facilities chairman and membership chairman. Because we generate mailing lists for the newsletter, the membership chairman should have access to an IBM compatible computer and printer. Call me at 246-0728 or see me at the meeting if you want to go to the auction-dinner or talk about a position on the board.

Tight Lines,

Larry Johnson



Club Pins - We have received additional sterling silver pins that you might have seen some members wearing. These pins are high quality. The pins are \$25 and will be available at all membership meetings at the side table.

Help! - We are in need of someone who can help out with membership. If you are interested please see any club board member.

95 Annual Banquet and Fly Fishing Show? - Now that we have Ernie Schweibert lined up for this year's Annual Banquet and Show (see Calendar of Events), we think we are quite clever and are making plans to arrange the 1995 program.

Ed.

COMING EVENTS

CFFA Membership Meeting	13 Oct 93
Don Douple, PA Fly Fishing	
CFFA Board Meeting	3 Nov 93
Auction Dinner, American Fly Fishing	4 Nov 93
Museum, Wampanoag Country Club	
W. Hartford. Contact Larry Johnson, 246-0728	
CFFA Membership Meeting, Pike Fishing	10 Nov 93
Ernie Boutiette & Charlie Place	
International Fly Tyers Symposium	13-14 Nov 93
Somerset, NJ. Contact Chuck Furminsky - 814-926-2676	
CFFA Membership Meeting, Fly Tying	8 Dec 93
Roundtable	
CFFA Rod Building School	6,13,20,27 Jan
	3 Feb 94
CFFA Fly Tying School	6,13,20,27 Jan
	3,10 Feb 94
CFFA Membership Meeting, Long Island Fly Fishing, Jeff Northrop	12 Jan 94
Hammonasset TU Fly Fishing Show, Old Saybrook, Contact John Springer	15 Jan 94
664-3688	
National Fly Fishing Show	22-23 Jan 94
Boston, MA	
The Fly Fishing Show	28-30 Jan 94
Somerset, NJ	
CFFA Fly Fishing Show & Banquet	5 Feb 94
Ernie Schweibert, The Colony, Manchester	
CFFA Fly Fishing School	3,10,17, 24 Mar
FFF - Northeast Council Conclave	10-12 June 94
Hilton, Lake Placid.	

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AMFF Auction Dinner

Thursday
November 4, 1993

5:30 pm Cocktails
7:00 pm dinner

Wampanoag Country Club

Directions:

From West: Take Route I-84 East to Exit 43 (Park Road, West Hartford Center), a left-hand exit. At the end of the ramp at light turn left onto Park Road. Go to the second light which is South Main Street. Turn right. Drive 3.3 miles through town, to Wampanoag Drive and make a left (at the sign for Northwest Catholic High School). Wampanoag Country Club is at the end of the street. Make the first right after the tennis courts.

From East: Take Route I-84 West to Exit 43 (Park Road, West Hartford Center) which is a right-hand exit. Follow directions "From West."

From South: Take Route I-95 to Route I-91 North to Hartford. Get off at Exit 32 (Route 84 West/Main Street), which is a left-hand exit. Follow overhead signs for Route 84-West to the traffic light. Stay on the left at light, proceed straight ahead at light onto Route 84. Follow directions "From East."

For Information Call: Larry Johnson at 246-0728 or the Museum at (802)362-3300

Fish Length/Weight Relationships

Reprinted from *Boulder Flycasters Reel News*, by Doug Laiho. Ed.

My beloved grandfather deserves the credit for getting me hooked on fishing during summers spent in Northern Michigan. From him I learned the basic facts of fishing, including:

- Fish just off the bottom for walleye early and late in the day.
- Bass are the best fighters, walleye most pleasing to the palate and trout (brook trout in this case) the best combination of the two.
- Every fishing trip begins early and ends at varying times but always at the same place, the local liquid refreshment establishment.

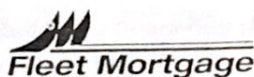
He also got me into the habit of measuring length (instead of weighing) as the statistic of importance for all caught fish. I still cling to that standard with trout, but have converted to weighing all other species (no, that is not because my trout are all so small they don't register on a weighing scale!). It has made me curious, though, about the length/weight relationship of fish; if for no other reason than to act as a normalization with my fisher acquaintances who weigh their trout. This is an easy subject with straightforward answers, right? Wrong! The remainder of this article is based on my own experience supplemented by very valuable "technical advice" from Queen of the River Fish Company, the Cline Trout Farm, Aquatic and Wetland Consultants and W.J. Miller and Associates. Any credit is theirs and any error is mine as I am an engineer, after all, and not an aquatic ecologist. Corrections and polite suggestions are always appreciated.

I started out with the simple idea of establishing a length/weight relationship for trout from 12 to 24 inches long. I quickly found out that fish biologists can be as bad as engineers in documenting their standards of measurement and units in a manner that is meaningful to the lay person.

The biggest problem is that two distinctly different standards of length measurement are used, but people who publish length information very seldom indicate which they are using. The first is "total length" which fishers and people who do fish population surveys are most interested in. The other is "standard length" which is the length of a fish from the tip of the jaw to the beginning of the caudal fin or last vertebra and this is of importance in length/weight biomass surveys. It is used because the caudal fin is often ragged on hatchery fish or seasonally, from digging reeds.

(A note of interest - one of my sources indicates that girth is a more accurate measurement to use in a relationship with weight, but I could find little information on this and few fishermen measure girth so I leave this idea for later investigation.)

Continued on Page 4



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Fish Length/Weight Relationship - Continued from Page 3

After learning this I realized that most of the information I had gathered on various fishes was questionable at best; at least as far as relating length to weight is concerned. The best information I have is on rainbow trout. I will follow up this article with information on other fishes in the future, as I am able to sort out my data.

First, a brief background on some of the environmental factors affecting rainbow trout growth:

- Bigger fish occur in more southern latitudes of their range where the growing season is longer.
- Bigger fish occur in water temperatures which are toward the warmer end of their preferred range, but fish live longer in water temperatures which are toward the colder end of the range.
- Fish grow to larger sizes in more fertile water and water where the food supply is generally more abundant.
- Fish grow to larger sizes in lakes.
- Females grow faster and to larger sizes and live longer than males.

On the water, you can use the following methods to determine the weight or length (if you know one of them) of rainbow trout from 12 to 24 inches long.

1. measure both...ha ha!!! (and send me the information so I can improve this article).
2. The standard length in feet cubed equals the weight in pounds, $L_s^3 = Wt (lb)$
3. The total length in feet cubed times 0.63 equals the weight in pounds $L_t^3 \times 0.63 = Wt (lb)$

[(2) and (3) taken together are equivalent to assuming that the standard length is 85.7% or 6/7 of the total length.]

4. Memorize the following:

13.5"	=	1lb
17"	=	2lb
19.5"	=	3lb
22"	=	4lb
24"	=	5lb

When the weight equals or exceeds the standard length cubed, you have caught a bigger than average rainbow trout. Then, in addition, you must precisely record the location, fly type and other environmental data and phone or fax this information to me as soon as possible!!!!!!!

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CLUB TRIP

Steelhead Fly Fishing, November 5-7

Join fellow club members for steelhead fishing on the Salmon River in Pulaski, NY area.

Lodging will be at the Portly Angler Lodge with room for 12 people for nights of 5 and 6 November. The first to sign up will get reservations. If we book 12 people, the rate will be \$18 per night.

Make check payable to CFFA in the amount of \$36.00.

SEND TO: Keith Mailloux, 22 Sandra Drive, Manchester, CT 06040.

For more information, call Keith at 647-8230.

Fly Casting Tips

Excerpts from Lefty Kreh's video *All New Fly Casting Techniques* - Ed.


- ☉ The longer you can move the rod through an arc, the more the rod contributes to the cast.
- ☉ You must get the end of the line moving before you can make a cast.
- ☉ The direction in which you stop the wrist and the rod tip at the end of the casts is where the fly goes.
- ☉ Hold your thumb on top of the rod while casting. Take a well balanced stance with the foot opposite your rod hand forward.
- ☉ Lefty's Stab keeps the line and the fly straight AND allows the caster to move the rod and arm through a longer arc.
- ☉ The distance you move your wrist on a cast determines the size of the loop.
- ☉ For a good Double Haul: Keep the line tight between the hand and the first rod guide. Keep your line hand within a foot of the reel.
- ☉ For a good Roll Cast:
 1. Bring the line up and carry it well behind you, then allow the line to STOP.
 2. The quicker you stop the rod tip at the end of the cast the quicker the line takes off.
 3. The distance you move your wrist at the end of the cast determines the size of the loop.
- ☉ For a good Shooting Head Cast: About two feet of overhang (the length of line from the back of the shooting head to the rod tip) is ideal for most people.
- ☉ Instead of throwing the fly directly at the target area, imagine the water is at eye level.
- ☉ To avoid pulling the loop open, wait until your loop is a rod length away before you drop your rod tip.
- ☉ To avoid a tailing loop, turn your thumbnail slightly down at the end of the cast.

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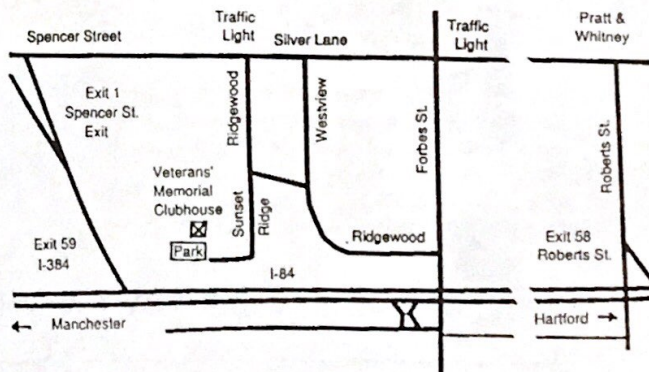


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Directions to Veterans' Memorial Clubhouse



Board of Directors

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Activities - VP	Keith Mailloux	647-8230	646-6560
Environment - VP	Kurt Jagielow	649-3681	649-3681
Promotion - VP	Charles Place	683-0411	
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Program Chairman	Mark Philippe	236-7029	658-5825
Publicity Chairman	Ed Fidrych	342-1173	566-3487
CFFA Hotline	John Springer	664-3688	

The Connecticut Fly Fishermen's Association, Inc. is organized "To Preserve and Promote the Pleasures and Tradition of Fly Fishing and to Conserve Game-Fish Waters." CFFA membership meetings are held on the second Wednesday of each month, September through May. Meetings are held at the Veterans' Memorial Clubhouse, Sunset Ridge Drive, East Hartford, CT.

"Lines and Leaders" is the official publication of the Connecticut Fly Fishermen's Association, Inc. and is distributed to its membership and allies of conservation. Business card ads may be placed at a cost of \$5 per ad or \$40 for 9 months. CFFA members may place for-sale or want ads of a non-commercial nature without charge. Newsletter correspondence should be sent to Lynn & Mike Stewart, 10 Bradley Brook, North Granby, CT 06060. Change of address notices should be sent to CFFA, P.O. Box 380260, Silver Lane, East Hartford, CT 06138-0268.



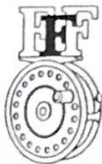
OCTOBER MEETING: PENNSYLVANIA WILD TROUT - PRESENTATION BY DON DOUPLE - OCTOBER 13, 1993

Copy Deadline: Second Wednesday of month previous to publication



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