

Lines and Leaders

CFFA

OCTOBER 1976

Vol. 3 No. 7

CFFA Meeting Notice

PROGRAM: "Streamside Guide" featuring Art Flick.
WHERE: Knight's of Columbus Hall on Bloomfield Avenue in Windsor.
WHEN: Wednesday, October 13, 1976.
TIME: Fly Tying - 6:45 p.m.
Program - 7:30 p.m.



Art Flick will be featured this month as he talks about subjects from his book, the "New Streamside Guide." Myron Schulman and Rich Colo will be on hand prior to the program and will be tying patterns from Art's book.

Eastern Council of CFFA Meeting

PROGRAM: The Club and Its Function, An Introduction to CFFA
WHERE: Moose Lodge in Fitchville.
WHEN: Wednesday, October 27, 1976.
TIME: Fly Tying 6:30 p.m.
Program 7:00 p.m.



The directors from the Eastern Council of CFFA have planned something a little different this year. They will be traveling to various parts of the state to conduct the ECCFFA monthly meeting, hoping to give some people in other areas of the state a chance to really find out who and what CFFA really is. The program will include a discussion of the projects that CFFA is working on, plans for the future, and the duties of the various directors. The program will be highlighted by a slide presentation and film.

(See map on page 3)

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A Quill and a Flyrod



by Don Johnston

Last Spring the CFFA sponsored an outing on the Fly-Only, No-Kill section of the Willimantic River. We received excellent support from our many sister fishing clubs throughout the state. Now here is a chance to say Thank You and have a good time doing it.

The Nutmeg Chapter of TROUT UNLIMITED is planning its Nutmeg Chapter Day on the Willi and has offered an invitation to all members of the CFFA to come out and join them in the fishing, October 16, 1976.

Chairman Ken Gerry says a big day is planned and hopes that many CFFA fishermen will come out and enjoy a fine Fall day of fishing and brotherhood.

Many of the T.U. members are making a weekend of it, and are camping out at the Moose Meadow Camp Grounds on Kechkis Road in East Willington (phone 429-7451). Anyone wanting more information can contact Pat Carroll, 94 Henderson Road, Fairfield, Connecticut 06430.

In any event, get out and support Nutmeg Chapter Day on the Willi.

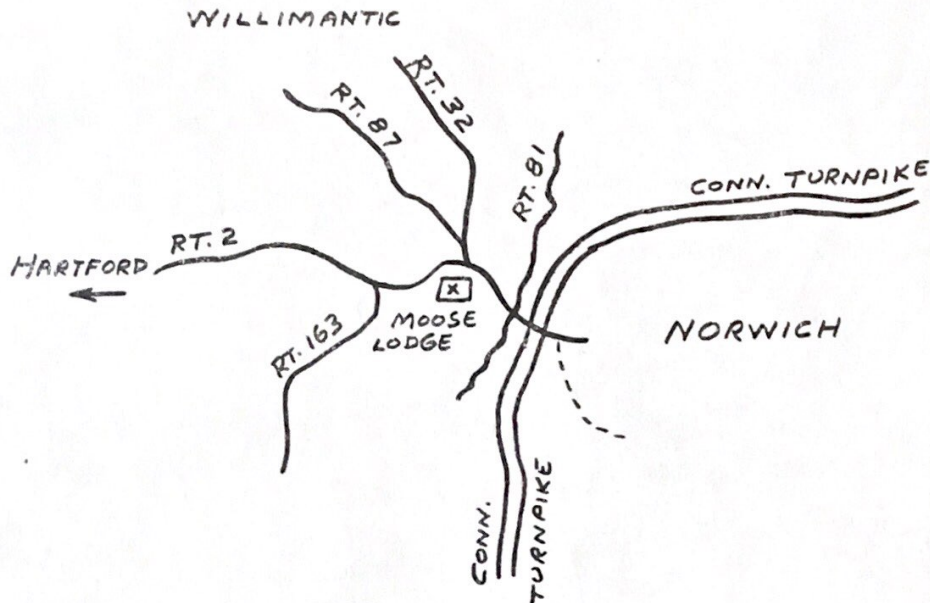
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In a fly fishing article in the New York Times, August 22, 1976, Brooks Roberts offered the following definition of Beginner's Luck: "The novice does something wrong, which a fish happens to think is right."

*
* **President:** Ken Parkany **Editor:** Don Johnston *
*
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* ship and allies of conservation. Address editorial correspondence *
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*
* The Connecticut Fly Fisherman's Association is "Organized to Pre- *
* serve and Promote the Pleasures and Tradition of Fly Fishing and *
* to Conserve Game-Fish Waters." CFFA regular membership meetings *
* are held on the second Wednesday of each month, September through *
* May. Meetings are held at the Knights of Columbus Hall, 500 *
* Bloomfield Avenue, Windsor, Connecticut. Eastern Council meetings *
* are held on the fourth Wednesday of each month at the Mansfield *
* Middle School, Spring Hill Road, Mansfield, Connecticut. *
*

Notes from Eastern Council of CFFA

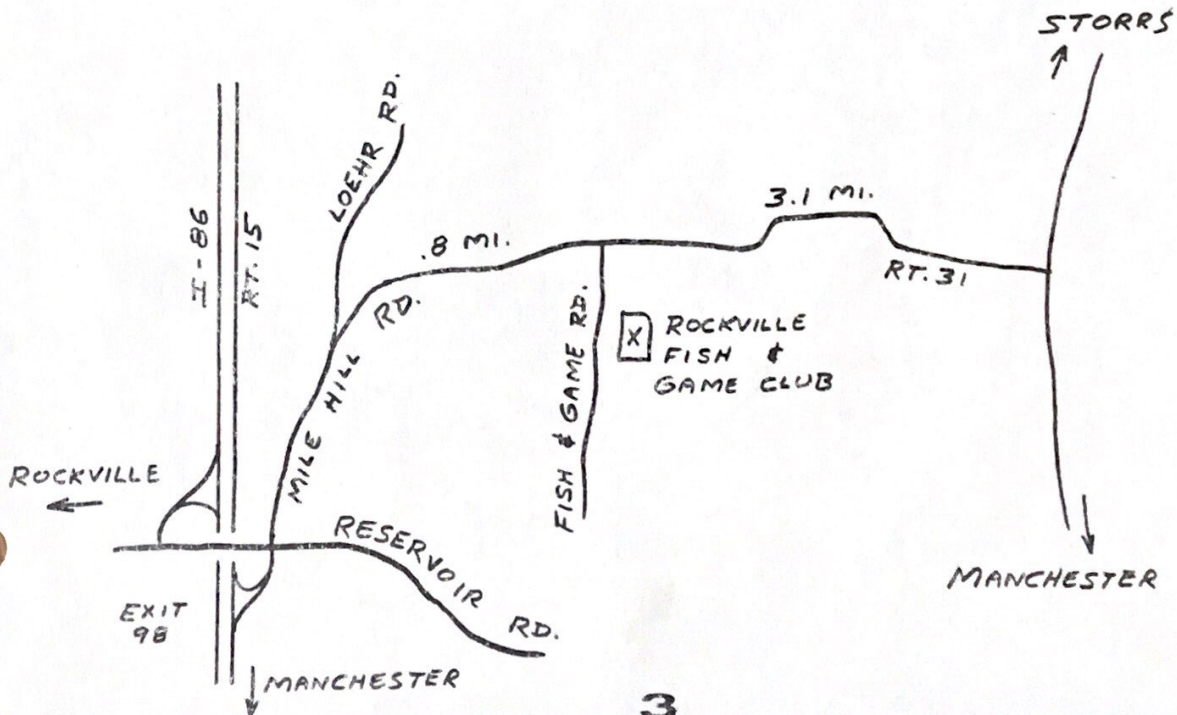
(Continued from page 1)



Don't forget the ECCFFA Spaghetti Supper at the Rockville Fish and Game Club, Saturday, October 2, 1976 at 6:30 p.m. Following the dinner, there will be slides of some fantastic fishing and a panel of some fine expert fishermen to answer your questions. To determine if tickets are still available, contact Elmer Latham, Box 290 Northfield Road, Coventry, Connecticut.

Good Fishing,

Stone Fly



The Henryville Special

(The following article is reprinted with permission from the "FFF BULLETIN", an official publication of the Federation of Fly Fishermen. The article, which was published in the Spring 1976 features the Wes Sanford tie, a CFFA member, and the artwork of John McKim, editor of the FFF Tie Flyer)

Ever since Stan Lloyd returned from attending the Eastern Conclave last year, he's been singing the praises of "Henryville". It turns out that it's not a town, as you might assume, but a caddis imitation, par excellence. Now, thanks to a number of its Federatin' fans in the Northeast, we can share this (as it seems to be) multi-faceted secret weapon with all Federators.

As far as we can tell, there are at least several ways to tie and a whole gamut of materials that are specified for the pattern and its variations, but on one point all agree: it's deadly! GARDNER GRANT of New York, Vice President of the Federation, calls it "the only fly guaranteed to catch fish." VINCE RINGROSE, another V.P. of the FFF and a member of the CONNECTICUT FLY FISHERMEN'S ASSOCIATION, INC., writes: "I personally have caught trout on Henryvilles on every river I've ever fished in North and South America" and adds, "Mr. No-Hackle himself, Doug Swisher, confides that he's tying them in all sorts of color combinations because they're 'so damned effective.'" A flyfisher who calls himself DUSTY BLUE DUN (or did his parents just have a great sense of humor?), writing in "Riffles", the newsletter of the EAST JERSEY CHAPTER - TROUT UNLIMITED, believes: "The Henryvilles are about the best imitations you can get for an adult caddis."

In discussing a basic caddis selection, Dusty writes: "Most of us who have been around for awhile are aware of the steady decline of mayflies in our streams. This has been brought about by the slow deterioration of our waters and the conditions needed for healthy broods of mayflies. At the same time, the more hardy Caddis flies have become more prominent, making them extremely important to fly fishermen."

Vince Ringrose says, "The history of the Henryville Special, or just Henryville, goes back several decades." Apparently, it was designed to imitate caddis in the Henryville stretch of Brodhead Creek in the Pocono area of Eastern Pennsylvania. Henryville Flyfishers charter member, BILL FINK, in a superb article in the November 1970 'Pennsylvania Angler' ("The Forgotten Fly"), credits one Hiram Brobst (a Pennsylvania Dutch man from Palmertown, Pa., who copied it from an 18th century British book.—Editor) as creator of the fly (which he) originally called the 'No-Name', but the late Al

Ziegler, proprietor of Henryville Lodge after World War II until his death in 1967, re-named it the Henryville Special."

The original flies had red silk bodies, but because they turned brown when wet, "Al sold them at the lodge with red synthetic bodies. The 'regulars' soon began tying them with green bodies, to match the bodies of the Brodhead Caddis, and found them even more effective." Vince claims personal fame for introducing the pattern to Connecticut fly fishing: "Back in 1963, when I brought back the first Henryvilles from a Pocono vacation to my pal Wes (Sanford), no one in these parts had ever seen or heard of the fly!" According to him, the so-called "Classic" tie, as described and tied today by Bill Fink and many others, differs from the way it's tied by his good friend and expert fly tyer, WES SANFORD, of New Britain, Connecticut, charter member of C.F.F.A.

Because Wes' pattern is the one used by, and preferred by, most Connecticut fly fishermen, and Vince says his minor variations were found to be more effective on the stream, "at least in our own experience". We've elected to illustrate his total sequence; but, to be fair to Dusty Blue Dun and others, we've listed alternate specifications as well.

The first of Wes' variations was a change to a green body to match the natural. Second, (shown below) Wes clips more palmered hackle barbs off the top before tying on the underwings. This produces a more "natural lie" on the water, but does make the fly harder to see in faster water.



Wes' third variation, and perhaps the most important, has the wings tied tent style, down and in (concave). This gives a much better natural caddis wing silhouette, and in flat smooth water is a lot more realistic. Vince claims: "In fast water there's no difference, (but) in slow water, the rejects go way up on the 'classic'."



"Classic" Henryville
(Bill Fink tie)

Vince insists that the two grizzly hackles used in the Sanford tie are a must, unless your hackles are super quality, long and stiff. "Otherwise, there just is not enough buoyancy for a good high float, and a proper Henryville should float and dance well in all types of water and not sink at the first attempt to twitch it seductively."

Some of the better-known catalogues are now offering so-called Henryvilles, and of the ones offered, Vince has found at least two glaring mistakes — definite "no-no's". He warns that only two or three turns of red hackle as a collar behind the head are enough, and the wings must be tied in either the "flare" or "delta" style, depending on which way you go. A pair of flattened-together sail-like wings give virtually no silhouette from below.

So, there you have it (or them) — the Henryville — the "Super Fly". (Wonder if it'll take bonito?).

Telephones: 583-0295
583-9714



S & M
FLY TYING MATERIALS

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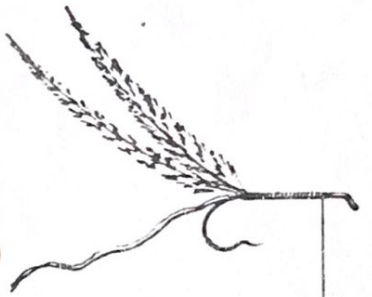
HENRYVILLE SPECIAL
(Wes Sanford tie)

MATERIALS

Hook: Mustad #94840, Sizes 16-18-20 preferred
Thread: Black
Body: Olive yarn
Rib: Two grizzly hackles, Palmered, dry fly quality
Underwing: Woodduck or imitation woodduck flank fibers (omit on size 20)
Wings: Matched slate duck quill, tied tent style.
Hackle: Medium brown, spun



Split yarn strand in half to form thin body, tie in at bend of hook.



Tie in two grizzly hackles just forward of yarn, underside of grizzly facing toward eye.



Form body and palmered hackles, being sure to maintain head space.



Clip all hackle flat above hook and tie in underwing, tip extending 1/32 inch beyond bend of hook.



Tie in wings, tent style. Each wing should dip toward barb and extend 1/16 inch beyond hook.



Tie in hackle, spin two or three turns, clip, form head, whip finish and cement (acrylic or lacquer).



The Henryville Special

In the modified Henryvilles tied by Dusty Blue Dun, he does not use a palmered hackled body, just the spun dry fly hackle collar, and says, "If you clip off the bottom hackle, they will sit in the surface film like a natural". He describes another variation on the wing, an interesting twist. He uses a turkey segment, ties it down-wing tent style and cuts a V-notch in the end.



THE HENRYVILLE (MODIFIED)
(Dusty Blue Dun tie)

MATERIALS

Grey Henryville (modified)

Hook: Mustad #94840 sizes 16-18-20 preferred
Thread: Grey
Tail: None
Body: Grey muskrat, dubbed
Wing: Turkey segment tied down-wing style over bar with V-notch cut in end
Hackle: Spun grizzly, tied standard dry fly style.

Light Henryville

Same as Grey Henryville except medium otter for body, brown thread, and grizzly cream hackle.

Dark Henryville

Same as Grey Henryville except dark otter body and dark ginger hackle.

Black Henryville

Same as Grey Henryville except all black.

Other imitations recommended by Dusty of Caddis in various stages of development are:

OTHER CADDIS ADULTS

Light Bivisible

Hook: Mustad #94840 sizes 12, 14.
Hackle: A few turns of Grizzly hackle in front of a light ginger hackle wound palmer from the bend to the eye.

Dark Bivisible

Same as Light Bivisible except a dark ginger hackle used instead of light ginger.

Grey Sedge

Same as Grey Henryville except grizzly hackle is tied palmer style and clipped off top and bottom.

Light Sedge

Same as Grey Sedge except medium otter body, brown thread, and light ginger hackle.

Dark Sedge

Same as Grey Sedge except dark otter body, brown thread, and dark ginger hackle.

Black Sedge

Same as other sedges except all black.

CADDIS WORMS

Hook: Mustad #3906B sizes 18, 16, 14.
Body: Either cream opossum, amber opossum, green dyed rabbit, or pale yellow dyed rabbit.
Legs: 3 or 4 grouse hackle fibers.
Head: Dark brown seal fur.
Note: Tie several in every size and color.

CADDIS PUPA

Hook: Mustad #94840 sizes 18, 16, 14.
Body: Same as Caddis worms.
Wings: Grey feather segments tied in at the head and lying along body sides.
Legs: A few wood duck fibers.
Head: Dark brown seal fur.
Note: I don't use pupa patterns as much as the others. Often when I get a strike on one, it is so "teeth jarring" that I strike too late and miss. I tend to use the worm pattern more, which doesn't differ from the pupa that much. Also, I usually can get the fish to accept a sedge when they are taking pupas.

DUSTY BLUE DUN



Connecticut Fly Fishermen's Association, Inc.

MEMBERSHIP APPLICATION

Date _____

Please check all appropriate boxes, print required information, and forward with check made out to "C. F. F. A."

Name _____ Home Phone _____
Address _____ Business Phone _____
City _____ State _____ Zip # _____
Occupation _____

Important: Learned of C.F.F.A. thru: (Check one) C.F.F.A. Member _____ (name)
 Newspaper Other (specify) _____
 Check if you will usually attend Eastern Council - C.F.F.A. meetings

ANNUAL DUES: (Check one)

- | | | | |
|--|---------|---------------------------------------|------------------|
| <input type="checkbox"/> Junior (under 16) | \$ 3.00 | <input type="checkbox"/> Supporting | \$20.00 |
| <input type="checkbox"/> Regular | \$10.00 | <input type="checkbox"/> Contributing | \$50.00 |
| <input type="checkbox"/> Family | \$12.50 | <input type="checkbox"/> Life | \$100.00 or more |

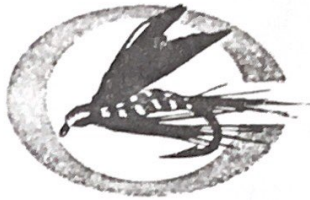
If Family Membership, please list names of family members who desire membership cards _____

Also, please select one or more of the Committees listed below to which you could appropriate some time and apply your talent:

- Conservation - Stream improvement, conservation education, special projects.
- Jeremy's - Maintain fishing census records and insect collection
- Outdoor Facilities - Maintain rearing pool and secure private waters
- Legislative - Represent CFFA interests to state and local governments
- Program - Provide entertaining and educational programs for regular and special meetings
- Indoor Facilities - Maintain and arrange for meeting places
- Membership - Solicit members, maintain lists and other related tasks
- Publicity - Plan and execute public relations and advertising
- Fund Raising - Plan and execute programs to enhance club treasury

Mail application and check to:

John Blake, Membership Chairman
P.O. Box 3191
Hartford, Ct. 06103



CONNECTICUT FLY FISHERMEN'S ASSOCIATION

"Organized to Preserve and Promote the Pleasures and Traditions of Fly fishing and to Conserve Game-Fish Waters."

Attention retailers, wholesalers, and other businessmen involved in merchandising fishing or sporting equipment.

You can now reach 500* hard-core fishermen at one time with our low ad rates. You would have to advertise in a newspaper with at least a 5,000 circulation to do this, and at increased expense.

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Lines and Leaders

LINES AND LEADERS is distributed monthly (9 per year -- September thru May) to all members and allies of conservation. Your ad can be inside! At \$5.00 per issue (\$40.00 for all 9 issues) for a business card size ad, how can you go wrong?

Fill out the ad form below and mail together with your check and business card. Your ad can be in the next issue. (Deadline is the 15th of the month).

* All members are encouraged to patronize all advertisers.

I want my ad in your next _____ (number of issues). *****

Enclosed is my check in the amount of \$ _____, * Single issue \$ 5.00 *

payable to : **'CFFA'** * Nine (9) issues \$40.00 *

Mail ad form, check, and business card to: *****

Donald Johnston
9 Michael Drive
Vernon, CT 06066

WILDERNESS SURVIVAL

by Jon Boren

(Ed. Note -- Jon is a young man from West Hartford who has recently joined CFFA. Each summer, he travels by bus to the Rocky Mountains to fish. Jon has promised future stories on his fishing adventures.)

Why should I have felt guilty because I was the only one who was catching fish? You ask, how can someone feel guilty when they're catching fish, especially when those fish happen to be big Rainbows from a lake in the Rockies? Well, I guess I'll have to start from the beginning.

I was on Georgetown Lake in Montana, about 14 miles from Anaconda. While amongst the 25 other participants in the Wilderness Survival school, it became apparent that I was the only one with any previous fishing experience. That alone got me a few dirty looks. But, when I whipped out my Fenwick fly rod and fishing vest and began flycasting while the others waited in line for their rented fishing gear, the looks became more frequent. And after I landed my second Rainbow over 16", I began to get scared!

It was one of the counselors who made the first move. "Seeing as you are such an experienced fisherman, why don't you start rigging up these rods and reels with bobbers, hooks and sinkers" said Frank, our fishing instructor. Without hesitation I ran over and rigged up seven or eight. It was only 7:00 p.m. and we still had a couple hours of light left, and the mosquito hatch was really booming. Two casts brought two fish and a "what the hell are you using" from one of the numerous frustrated fisherman.

"Just a fly" I shot back. "Well give me one" came the reply. "You won't be able to cast with it" I muttered. "Well give me one anyway" he growled. I clutched my dry fly box as he began walking towards me. I then handed him the worst fly I could find and began casting again. I watched (out of the corner of my eye) as he jerked the hook off and tied on the dry, without removing the sinker or bobber.

We were supposed to have a fish fry, so I kept all my trout, knowing a few of my fellow fisherman would go hungry if the cooks were counting upon each of us catching a fish. Our combined total for the night was 20 fish, of which 16 were mine. My friend who borrowed the fly was still trying to figure out what went wrong on the bus back to camp. Well folks, that's how one can feel guilty while flyfishing.

Part two of this double feature involves how one can feel great while flyfishing with the barest of essentials; namely monofilament, and a fly. We were on survival in wilderness country and allowed only three matches, a jackknife, 20 ft. of monofilament, and a fly. Our camp director (Zach) took me to a bubbling creek, smiled and said "let's see how well you do without all your equipment" as he left. After setting up camp, I ran down to the creek with my line and a Royal Coachman from my dry fly box. (I had switched it with the fly they gave me).

(Continued on next page)



The water on my section of the creek was extremely fast and I couldn't find a pool or eddie to toss my fly into. I watched in frustration as the fly bounced on top of the water. There was a small section of the creek that was only two or three inches deep but calm enough to fish in. I dropped in my Royal Coachman and watched.

A quick flash and the fly was gone. I pulled my line hard and out flopped a 10" Cutthroat, much to my amazement. I caught and cleaned 12 more native Cutthroats out of similar areas on my little creek. I buried them on a stringer (made from a stick, of course) in a small patch of snow. Zach was to check on us one time in the afternoon to make sure everything was all right. He strolled into my camp with the same smile he left with and said "How's the fishing?" "I caught a couple," I nonchalantly replied.

"Let's see" he said. I walked over to the snow and pulled out my stringer. The smile left his face and found mine. I fought off the urge to laugh as he turned to leave. I was quite satisfied just knowing that he knew!

I love fishing, anytime, anyplace, and in almost any situation. These were a couple of my more unusual fishing experiences, and I must say they were memorable and quite enjoyable for the most part.



Classified Ads

Classified Ads will be printed in LINES AND LEADERS free of charge, but are strictly limited to non-commercial ads. Members who wish to advertise should send their request to Don Johnston, 9 Michael Drive, Vernon, CT 06066.

FOR SALE: 7½ Ft. Orvis Battenkill rod - #6 line, excellent condition, \$150.00. For information call Norm Holcomb, (413) 596-3805.

WANTED: Articles, artwork, suggestions, or comments for publication in LINES AND LEADERS. Send contributions to Don Johnston, 9 Michael Drive, Vernon, CT 06066.

**Limit
Your
Kill**



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P. O. BOX 42 - WINDSOR LOCKS, CONN. 06096



OCTOBER 1976 CALENDAR

- October 2 Eastern Council CFFA Spaghetti Supper, see page 3
- October 6 Board of Director's Meeting
- October 13 CFFA Meeting Featuring Art Flick, see page 1
- October 15 Deadline for LINES AND LEADERS Material
- October 16 T.U. Outing on the Willi, see page 2
- October 25 Conservation Committee Meeting
- October 27 Eastern Council CFFA Meeting, see page 1

| OCTOBER | | | | | | |
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| 31 | | | | | | |

COMING EVENTS

- November 10 CFFA Meeting
- November 24 Eastern Council CFFA Meeting

